

Title of course	Training on Nutri Kitchen Garden for Diet Diversity and Food Security
Duration	29 th & 30 th December, 2023 (2 days)
Number of seats	25
Eligibility	Any interested person can apply (First come first serve basis)
Age group	45 years and below
Course fees	Rs 850/- (Incl. tea, snacks, lunch)
Venue of course	KSCSTE - Malabar Botanical Garden and Institute For Plant Sciences, Kozhikode
Course Co-ordinator	Dr. Raghupathi B Junior Scientist, KSCSTE - MBGIPS
Contact details	0495 2430 939 / 8970727739 / seminarmbgips@gmail.com / www.mbgips.in
Residential/Non - residential	If any participant wishes to avail accommodation will be provided on payment basis.
Last date to apply	23 rd December, 2023

Certification

Certificate will be issued to the candidates based on their involvement, performance and successful completion of the course.



KSCSTE - MALABAR BOTANICAL GARDEN AND INSTITUTE FOR PLANT SCIENCES

GA College P.O., Kozhikode - 673 014, Kerala
Tel: 0495 2430 939
malabarbot.garden@gmail.com
www.mbgips.in



TRAINING ON NUTRI KITCHEN GARDEN FOR DIET DIVERSITY & FOOD SECURITY

29 - 30 December 2023
@MBGIPS, Kozhikode

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About KSCSTE- MBGIPS

Malabar Botanical Garden & Institute for Plant Sciences (MBGIPS) is an institution under 'Kerala State Council for Science, Technology and Environment' (KSCSTE), Government of Kerala, devoted for conservation of plant diversity for sustainable utilization, research and development, extension and outreach programmes for capacity building and disseminating knowledge on plant sciences came into existence during 2015 by upgrading from Malabar Botanical Garden Society.

About Training

Kitchen garden / Nutrition garden is an essential component of every house hold as it ensures the best quality fresh vegetables and fruits every day to the family. Fruits and vegetables obtained from the market lack freshness and contain pesticides in unacceptable levels. Nutrition garden has tremendous potential to reduce the malnutrition/ poor health especially in children, women and can also economize the food cost. Kitchen gardening also becomes a means of recreation, exercising to remain physically active and feeling of satisfaction/pleasure. Best utilization of spare time of the family members. "Grow What You Eat and Eat What You Grow". Well maintained Nutri Kitchen Garden makes you "Healthy Wealthy and Wise"

Curriculum

The proposed course will broadly cover the topics such as need and role of kitchen gardening in human nutrition, components, layout and planning criteria, improved varieties, appropriate sowing time, integrated nutrient, insect pest and disease management, harvesting stages, demonstration of seeds, garden tools, nursery raising of seedling, good management practices, grow bag techniques/container gardening etc.

Salient Features of the Course

- 40% theory and 60% practical sessions as per the course curriculum
- Lectures assisted with multimedia aids
- Overall knowledge & Hands-on-practical experience of Nutri Kitchen Garden

How to apply

Application Proforma is available for downloading on the website of KSCSTE-MBGIPS. Interested candidates can download the same and apply after completing all the required details. The completed application form can be submitted to the Director, KSCSTE-MBGIPS before due date. Filled application form with details of payment can be sent by e-mail to seminarmbgips@gmail.com

Mode of Payment

Account transfer

Account Name : **Director, Malabar Botanical Garden
& Institute for Plant Sciences**
Account Number : **67178678577**
Bank : **State Bank of India**
Branch : **Mankavu Branch**
IFSC : **SBIN0070535**



OR scan QR code